

"I AM THE LIVING BREAD THAT CAME DOWN FROM HEAVEN;

WHOEVER EATS THIS BREAD WILL LIVE FOREVER;
AND THE BREAD THAT I WILL GIVE IS MY FLESH
FOR THE LIFE OF THE WORLD."

-JOHN 6:51

The Bishops of the United States are calling for a three-year grassroots revival of devotion and belief in the Real Presence of Jesus in the Eucharist. They believe that God wants to see a movement of Catholics across the United States, healed, converted, formed, and unified by an encounter with Jesus in the Eucharist—and sent out in mission "for the life of the world."

What better way of falling in love more deeply with Jesus in the Eucharist, than under the motherly guidance and protection of Our Lady of Guadalupe?

We are excited to have each of our pilgrimages guided by Craig Johring, the founder of Hope of the Poor, who has been leading mission trips in Mexico City for over 15 years. The focus of our pilgrimage will be asking Our Lady of Guadalupe for a Eucharistic revival in each pilgrim's heart, as well as in the hearts of everyone in our Diocese. We will have time in prayer at her Basilica, time in silence in the presence of the Eucharist each day in a guided retreat, and time spent with the poor of Mexico City, asking Our Lady to help us to see in them the face of Jesus. As Mother Theresa taught, "If we recognize Jesus under the appearance of bread, we will have no difficulty recognizing him in the disguise of the suffering poor."

The cost of the pilgrimage will be \$1,620.

A deposit of \$620 is due by July 15th for all pilgrimages.

Final payments are due by August 15th.

This cost includes your flights, transportation while in Mexico, lodging, and meals.

This cost does not include any COVID testing requirements (currently needed to return to the US) or travel insurance (highly recommended).

For questions about each pilgrimage, please contact:

Pilgrimage 1: Fr. Ben Holdren, 402-770-0023 Pilgrimage 2: Fr. Carson Kain, 308-340-8152 Pilgrimage 3: Fr. Jay Buhman, 610-639-6207





IMPORTANT INFORMATION

- Visit **www.hopeofthepoor.org** for more information about the community we will be serving and the mission-pilgrimage experience
- Each person needs to sign the HOPE OF THE POOR WAIVER before arriving in Mexico City: www.webwaiver.com/sign/hotp/waiver
- \$750 of the registration costs constitutes a donation made to Hope of the Poor, which covers covers your housing during the scheduled mission days, along with your transportation, and food in Mexico City. The remaining \$870 charge covers the flight and provides some scholarship money for religious sisters and clergy who would not otherwise be able to go.
- If you have diet or food restrictions, let Craig know a week in advance of your mission.
- The name and address of our housing in Mexico City: Convento Real Monasterio De Jesus Maria, Cda. Francisco Moreno No. 122, Col Villa de Guadalupe, Mexico City
- More information about travel, arrival and departure procedures, and a recommended packing list will be provided to all registered participants closer to departure.

Recommended resources:

- 2021-2022 new Hope of the Poor video: https://youtu.be/im4WTvyOGjo
- Hope of the Poor Brochure: https://drive.google.com/file/d/1ALQ7U6ysxg06l5zaLhgR5x_QQdNqq4kf/view
- For Greater Glory (movie) To understand the persecution of the Church in Mexico and the life of Saint Jose Sanchez del Rio
- Guadalupe. The Miracle and the Message (movie on FORMED): https://watch.formed.org/guadalupe-the-miracle-and-the-message

FREQUENTLY ASKED QUESTIONS

Is Mexico City Safe?

HOTP missions holds safety for our mission participants as the primary concern for our missions. The ministry venues where we serve have been researched and vetted. We closely monitor U.S. State Department travel alerts for Mexico.

After arriving in Mexico City the mission receives a safety briefing to equip mission participants on safety guidelines. We stay in Convent with twelve Contemplative Sisters who prepare our meals and pray for each person. Each bedroom at the Convent has a locking door. During the mission when we leave the Convent we will always move together as a group guided by at least one Hope of the Poor staff person.

Since 2006 Craig has served in Mexico City. He has brought over 2300 people on 4-7 day missions without any incidents of assaults or serious accidents. During recent years Mexico City has become a tourist destination with families visiting the city.

Will the food upset my stomach?

The food served by the Sisters at the Convent is clean, fresh, and delicious. The restaurants or street tacos we visit outside of the Convent have been carefully vetted. Rarely do people on a Hope of the Poor Mission experience stomach problems from the food.

Some who travel to travel to Mexico City have found that taking probiotics helps with digestion during the trip. Probiotics are easily found in U.S. grocery and health food stores.

What is the temperature like?

March through early June are the warmest months of the year with average daily high temperature of 78°F with lows in the 50s at night. The cool season in Mexico City is from November through January with the average high temperature below 72°F with the temperature dropping into the 40s at night. Other months of the year the temperature is moderate. Rain is always possible. It's always a good idea to carry with you a light rain jacket at all times.

What is the physical activity like during the trip?

Transportation will be in a bus or van for long distances. Be prepared to walk distances of 10-15 minutes several times a day. There will always be an option to ride in a car instead of walking if needed. You need to be able to navigate steps in our housing. We have several rooms on the main floor if climbing stairs is a problem.

What is the schedule during the trip?

Breakfast is served at 8:30 a.m. each morning followed by a holy hour, and Mass. On many days we will leave the Convent by 1:00 pm. and return by 8:30 pm.